

**COURSE DATA****DATA SUBJECT**

**Code:** 44647  
**Name:** External internships I  
**Cycle:** Master's Degree  
**ECTS Credits:** 6  
**Academic year:** 2025-26

**STUDY (S)**

Degree	Center	Acad. year	Period
2220 - Master's Degree in Functional Recovery in Physiotherapy	Facultat de Fisioteràpia	1	Indefinite (Individuals)

**SUBJECT-MATTER**

Degree	Subject-matter	Character
2220 - Master's Degree in Functional Recovery in Physiotherapy	External internships	INTERNSHIPS

**COORDINATION**

AGUILAR RODRIGUEZ MARTA

**SUMMARY**

Students will carry out all necessary tasks to acquire the competencies established in this master's program in clinical placement centers related to their enrolled track. They must demonstrate the ability to plan and implement a comprehensive approach to patient care, addressing the biopsychosocial dimensions through thorough assessment, planning of therapeutic goals, execution of specific techniques, evaluation of treatment outcomes, and the preparation of clinical reports. All actions should be based on current scientific evidence, while maintaining an awareness of their role within a multidisciplinary team.

The placements follow a self-managed practicum model (*autopracticum*) and will take place in organizations selected by the students, provided that their professional scope includes Physiotherapy and the designated placement supervisor is a registered physiotherapist. Placements must be managed through a formal agreement established by ADEIT.

The External Internship Committee of the Faculty of Physiotherapy provides an annually updated list of high-quality centers, tailored to students' needs and the various master's specializations.

Additionally, to guide students in choosing their placement and to monitor their learning process from an academic perspective, each student will be assigned an academic tutor from the Faculty



## PREVIOUS KNOWLEDGE

## RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE

There are no specified enrollment restrictions with other subjects of the curriculum.

## OTHER REQUIREMENTS

No prior knowledge is required to take this course

## COMPETENCES / LEARNING OUTCOMES

### 2220 - Master's Degree in Functional Recovery in Physiotherapy

Apply acquired knowledge and develop the ability to solve problems in new or unfamiliar environments within broader or multidisciplinary contexts related to physiotherapy techniques across different levels of healthcare, specifically in the physical treatment of complex pathologies and injuries requiring a higher level of specialization.

Be able to correctly apply the various evidence-based methodologies available in the treatment of the pathologies and injuries in question

Be able to integrate knowledge and address the complexity of making judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments, while planning a comprehensive approach to patient care.

Delve into specific physiotherapy treatment approaches tailored to the unique characteristics of each pathology.

Develop the ability to effectively use therapeutic physical exercise across all areas of functional recovery intervention.

Develop the ability to prepare and deliver both oral and written reports on the functional status of patients

Develop the ability to promote health education among the various members of the transdisciplinary work team.

Implement individualized functional recovery programs in a specialized clinical setting, in collaboration with a multidisciplinary team.

Students should apply acquired knowledge to solve problems in unfamiliar contexts within their field of study, including multidisciplinary scenarios.

Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.

Students should communicate conclusions and underlying knowledge clearly and unambiguously to both



specialized and non-specialized audiences.

Students should demonstrate self-directed learning skills for continued academic growth.

Students should possess and understand foundational knowledge that enables original thinking and research in the field.

To promote, in academic and professional contexts in the field of economic policy, technological, social or cultural advancement within a society based on knowledge and respect for: a) fundamental rights and equal opportunities between men and women, b) the principles of equal opportunities and universal accessibility for people with disabilities and c) the values of a culture of peace and democratic values.

Understand the ethical, deontological, and legal principles governing the application of physiotherapy techniques in each area of practice, and develop the ability to manage resources in a reliable and sustainable manner.

## DESCRIPTION OF CONTENTS

The content of the external internships will focus on the development of professional activities specific to physiotherapy. These will include performing specific functional assessments and evaluations, designing treatment plans based on established objectives, applying physiotherapy techniques grounded in scientific evidence with particular emphasis on functional recovery through physical exercise and evaluating the outcomes of the interventions.

## WORKLOAD

### PRESENCIAL ACTIVITIES

Activity	Hours
Attendance at the internship centre	135,00
Attendance at supplementary activities	0,00
Monitoring and tutoring of internships	0,00
<b>Total hours</b>	<b>135,00</b>

### NON PRESENCIAL ACTIVITIES

Activity	Hours
Preparation of the internship report and evaluation of the internship	15,00
<b>Total hours</b>	<b>15,00</b>

## TEACHING METHODOLOGY

The External Internship course is based on a methodology of direct experience, supervised tutoring, and professional reflection, aimed at the practical application of the knowledge acquired in the master's program within real clinical settings.



The teaching strategies include:

- **Supervised clinical practice in healthcare or social-health centers:** Students will carry out professional activities under the supervision of a registered physiotherapist acting as the workplace tutor, in authorized centers such as hospitals, health centers, elderly care homes, private clinics, special education schools, patient associations, or sports clubs. The practice will be adapted to the master's enrolled specialization, with a particular emphasis on functional recovery.
- **Self-managed practicum system:** Students will propose and manage their own internship centers, subject to approval by the academic tutor and formalization of an internship agreement through the University-Business Foundation (ADEIT). Students may choose their placements from a list of entities approved annually by the Internship Committee and published on the Faculty's website.
- **Academic tutoring:** Each student will be assigned an academic tutor from the beginning of the course, who will guide them in choosing the placement and assist in preparing the final report.
- **Preparation of an individual report:** Students must write a report based on their clinical experience with a real patient, integrating master's program content, clinical reasoning, and evidence-based approach.
- **Shared evaluation:** Student performance will be assessed both by the workplace tutor, using a clinical competencies rubric, and by the academic tutor through evaluation of the report.

At the start of the course, students will receive information about the teaching methodology from the course coordinator and will have access to the **External Internship Manual** (approved by the Master's Academic Coordination Committee), where they can find all related information: regulations, agreement formalization, exam dates, report requirements, evaluation rubrics, etc.

<https://www.uv.es/uvweb/physiotherapy/en/undergraduate-degree-studies/degree-programmes-offered/practicum-master-1286087643041.html>

Additionally, students will be able to follow the course progress through the virtual classroom.

## EVALUATION

Evaluation system	Percentage of qualifying
Assistance to clinical practice. In this type of evaluation is taken into account, not only the student's presence in clinical practice, but their	85%



involvement in them. Thus, it will consider punctuality, student motivation to dealing with the patient and their relatives, the literature review on the maneuvers performed with the patient or the proposed activities for functional recovery, expanding knowledge and student interest in learning about the medical history of the patient and in providing innovative intervention techniques.	
The portfolio will be both theoretical and practical classroom and external practical classes. In this document, students must translate the activities in each subject as a diary, and includes activities that the teacher ask for outside school hours.	<b>15%</b>

**TOTAL: 100%**

**It will be necessary to obtain a minimum score of 5 in each part (attendance at practice and final report) to pass the course.**

## REFERENCES

Teaching materials and resources provided during the master's program.